



139 W. Lake Lansing Rd., Suite 120 • East Lansing, MI 48823 Telephone: (800) 234-3287 • FAX: (517) 332-5543

Illinois Office

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www.acdkids.org

Dear Participant/Parent-Guardian:

This letter is intended for adults/parents or parents/guardians of participants enrolled in a day care center.

offers healthy meals to all enrolled participants as part of our participation in the U.S. Department of Agriculture's (USDA) Child and Adult Care Food Program (CACFP). The CACFP provides reimbursements for healthy meals and snacks served to participants enrolled in care. Please help us comply with the requirements of the CACFP by completing the attached Household Income Eligibility Statement (HIES). In addition, by filling out this form, we will be able to determine eligibility for free or reduced price meals.

- **1. Do I need to fill out a HIES for each participant enrolled in care?** You may complete and submit one CACFP Household Income Eligibility Statement for all participants enrolled in day care in your household only if those in day care are enrolled in the same center. We cannot approve a form that is not complete, so be sure to read the instructions carefully and fill out all required information. Return the completed form to:
- 2. Which adult and child care institutions can receive free meal reimbursement without providing household income information? Adults receiving Medicaid, Supplemental Security Income (SSI), Food Assistance Program (FAP) Family Independence Program (FIP), or Food Distribution Program on Indian Reservations (FDPIR) are eligible for free meals. Children in households receiving FAP, FIP, or FDPIR can get free meals. Foster children and children enrolled in Head Start Programs are also eligible for free meals.
- **3. Who can get reduced price meals?** You may get low cost meals if your household's income is within the reduced-price limits on the federal income eligibility guidelines, **effective July 1, 2022, until June 30, 2023**, shown below:

Family Size	Yearly Income	Monthly Income	Weekly
1	\$25,142	\$2,096	\$ 484
2	\$33,874	\$2,823	\$ 652
3	\$42,606	\$3,551	\$ 820
4	\$51,338	\$4,279	\$ 988
For each additional family member add:	\$ 8,732	\$ 728	\$ 168

Refer to the Instructions for Participants/Parents/Guardians Household Income Eligibility Statement on how to complete the HIES. Find the category that most closely defines your household and follow the directions for completing each part of the HIES. If your household income is greater than the levels shown on the above CACFP income guidelines, it is not necessary for you to complete the HIES form.

Families with Children:

Your family may be eligible to receive health insurance, called MIChild, through the State of Michigan. MIChild is a health insurance program for uninsured children of Michigan's working families. To determine if your family is eligible, call 1-888-988-6300 for an application or access an online application at the MI Child website

"Educating parents and caregivers about nutrition to promote the development of children and establish healthy eating habits to last a lifetime."

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or (2) fax:(833) 256-1665 or (202) 690-7442; (3) or email:program.intake@usda.gov

(www.michigan.gov/michild). You can also access the MIChild brochure that briefly explains the insurance program.

Your family may be eligible to receive Women, Infants & Children (WIC), a health and nutrition program, that has demonstrated a positive effect on pregnancy outcomes, child growth and development. To determine eligibility, call 1-800-26-BIRTH or access online information at Women, Infants, & Children (WIC) website (http://www.michigan.gov/wic) to learn about WIC and locate a local WIC agency.

- **4. May I fill out a form if someone in my household is not a U.S. citizen?** Yes. Participants and family members do not have to be U.S. citizens to qualify for meal benefits offered at the center.
- **5. Who should I include as members of my household?** You must include all people in your household (such as grandparents, other relatives, or friends who live with you). You must include yourself and all children who live with you. You also may include foster children who live with you.
- **6. How do I report income information and changes in employment status?** The income you report must be the total gross income listed by source for each household member and the frequency the income is received. If recent income does not accurately reflect your circumstances, you may provide a projection of your income. If no significant change has occurred, you may use last month's income as a basis to make this projection. If your household's income is equal to or less than the amounts indicated for your household's size on the federal income eligibility guidelines listed above, the family day care home will receive a higher level of reimbursement. Once properly approved for the higher reimbursement rate, whether through income or by providing a current FAP, FIP, FDPIR case number, or listing the name of other categorically eligible programs, you will remain eligible for those benefits for 12 months. You should, however, notify us if you or someone in your household becomes unemployed and the loss of income unemployment causes your household income to be within the eligibility standards.
- **7. What if my income is not always the same?** List the amount that you normally receive. For example, if you normally receive \$1,000 every two weeks, but you missed some work in the last two weeks and only received \$900, put down that you receive \$1,000 per every two weeks. If you normally receive overtime, include it, but not if you only receive it sometimes.
- **8. What if I have foster children?** Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income. Households may include foster children on the HIES, but are not required to include payments received for the foster child as income.
- **9. We are in the military. Do we include our housing and supplemental allowances as income?** If your housing is part of the Military Housing Privatization Initiative and you receive the Family Subsistence Supplemental Allowance, do not include these allowances as income. Also, in regard to deployed service members, only that portion of a deployed service member's income made available by them or on their behalf to the household will be counted as income to the household. Combat Pay, including Deployment Extension Incentive Pay (DEIP), is also excluded and will not be counted as income to the household. All other allowances must be included in your gross income

In the operation of child feeding programs, the U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you have other questions or need help, call 800-234-3287 (ext. 108).

Sincerely,

Denise Meyer Executive Director

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Instructions for Parents/Participants/Guardians Household Income Eligibility Statement - Child Care Institutions

If you are applying for foster child(ren) only, follow these instructions:

Part 1: Do not complete.

Part 2: List name, age, and birth date of foster child(ren); check the box for foster child.

Part 3: Sign and date the form. The last four digits of a social security number are not necessary.

If your household receives Food Assistance Program (FAP), Family Independence Program (FIP), or Food Distribution Program on Indian Reservations (FDPIR) benefits, follow these instructions:

Part 1: List the name and case number for any household member (including adults) receiving FAP, FIP, or

Part 2: FDPIR.

Part 3: List the name, age, and birth date for all children enrolled in day care.

Note: Sign and date the form. A Social Security Number is not necessary.

Benefits received under WIC, Medicaid, or Department of Human Services (DHS) Child CareAssistance Program (where DHS pays a portion of your child care expense) does not automatically qualify for

Category A (free) meals.

All other households, including households where some of the children are foster children, follow these instructions (not required if household is over the income limits and don't have any foster children):

Part 1: Do not complete.

Part 2: List the names and ages of everyone (related or not related) living in your household, including you, other adults and children (If you need more space, use a separate sheet of paper.);

Place a X in the column for all children enrolled in child care;

List household members' ages and dates of birth;

Place a X in the next column if children in the household are foster children;

If no case number is indicated in Part 1, list (by person) the amount and source of income that person receives and the frequency the income is received. List earnings before deductions, welfare benefits, child support or alimony or any other income including retirement, Social Security, Supplemental Security Income (SSI), Veteran's (VA) benefits, disability benefits, Worker's Compensation, unemployment, strike benefits, regular contributions of people who do not live in your household or any other income; and

Place a X in the box for those listed who do not have income.

If you are in the Military Housing Privatization Initiative or receive Combat Pay, do not include the housing allowance as income.

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Foster child payments received by the family from the placement agency are not considered income and do not have to be reported. The presence of a foster child in a family does not make all children in the household automatically eligible for free meals.

If you are a farmer or self-employed, income is gross farm or business income received in the month prior to application minus farm or business expenses. Gross wages from other jobs or income from other sources must also be listed as income. A loss from self-employment must be listed as zero income and cannot reduce other income.

Help Determining Annualized Income

If your household receives income at different frequencies (i.e. one person may receive monthly retirement income and another may receive weekly pay checks) then all income must be annualized. Use the following chart to annualized income:

If paid every week, multiply the total gross income by 52.

If paid every two weeks, multiply the total gross income by 26.

If paid once a month, multiply the total gross income by 12.

If paid twice a month, multiply the total gross income by 24.

If paid once a year, enter the yearly income amount.

Part 3: Sign and date the form and list the last four digits of your Social Security Number or check the box indicating "I do not have a Social Security Number."

Please return the completed application to:

Return this completed form	to:																					
Insert institution's name, a	ddress & :				me Eligibility	y Sta	ate	m	en	t –	Child C	Care 1	[ns	stit	uti	ion	S					
Part 1 – Households Receiv	ving Food	Assista	ance Prog	gram (F	AP), Family Indep	ende	nce	e Pr	ogr	am	(FIP), or	Food D	istr	ibut	tion	Pro	gram on Indian R	eser	vat	ion	s (F	DPIR)
If any member of	your hou	sehold	receives	FAP, FI	P, or FDPIR, prov	ide th	ne n	nam	e a	nd (case numb	er for t	the	per	sor	wh	o receives the ber	efit	s.			
Name:									_Cas	se N	lumber: _											
Part 2 – Household Informa	ation					How Often? (x)						How Often? (x)					How Often? (x)					
First and Last Names of All Household Members, Related and Unrelated	Enrolled for Child Care (x)	Age	Birth Date	Foster Child (x)	Amount of Earnings fro Work (before deductions)	''' u	o n t h	M o n t	I W e e k	e e k	Amount of V Child Suppo Alimon	ort, or	Annually	M o n t h I	M o n t	B V I e W e e k e l k y	Amount of All Other	u	n t h	M o n	e e	W e Mark if k No Income y (x)
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Part 3 – All Households: Signature I certify that all information on give. I understand that CACFP and I may be prosecuted.	this form officials m	is true a ay verif	and that al y the infor	II income mation.	e is reported. I unde I understand that i	erstan f I pur	d th	at t	he c give	ente fal	er or day ca se informat	are hom ion, the	ne w pai	ill re ticip	ecei oant	ve fe rec	ederal funds based o eiving meals may los	se th	ie m	neal	bene	efits,
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Institution Official Signature:					Approval D	ate: _											,,				(

This form is valid for 12 months from the date of institution signature. Approval date and institution signature are required.

Privacy Act Statement

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve the participant for free or reduced-price meals. You must include the last four digits of the Social Security Number of the adult household member who signs the application. The Social Security Number is not required when you apply on behalf of a foster child or you list a Food Assistance Program (FAP), Family Independence Program (FIP), or Food Distribution Program on Indian Reservations (FDPIR) case number for the participant or other FDPIR identifier or when you indicate that the adult household member signing the application does not have a Social Security Number. We will use your information to determine if the participant is eligible for free or reduced-price meals, and for administration and enforcement of the Program.

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <u>USDA Program Discrimination Complaint Form</u>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. **mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or 2. **fax:** (833) 256-1665 or (202) 690-7442; or **email:** <u>program.intake@usda.gov</u>

This institution is an equal opportunity provider.

USDA Civil Rights Complaint Link:

https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf



Return this completed form to:

Participant Enrollment Form

Instructions:

- 1. List full name of participant enrolled in care
- 2. Circle the typical days each participant is in care
- 3. List times each participant is in care
- 4. Circle the meals and snacks each participant typically receives while in care
- 5. Select the ethnicity of each participant using the following codes: H = Hispanic or Latino, N = Not Hispanic or Latino*
- 6. Select one or more racial designations of each participant using the following codes: A/I = American Indian or Alaskan Native, A = Asian, B = Black or African American, H/PI = Native Hawaiian or Pacific Islander, W = White*
- 7. Sign and date the form and return to your care center

Participant's First and Last Name	Typical Days in Care (circle all that apply)	List Times in Care	Meals/Snacks Received (circle all that apply)	Ethnicity	Race
	Mon Tues Wed Thu Fri Sat Sun		Breakfast AM Snack Lunch PM Snack Supper Evening Snack		
	Mon Tues Wed Thu Fri Sat Sun		Breakfast AM Snack Lunch PM Snack Supper Evening Snack		
	Mon Tues Wed Thu Fri Sat Sun		Breakfast AM Snack Lunch PM Snack Supper Evening Snack		
	Mon Tues Wed Thu Fri Sat Sun		Breakfast AM Snack Lunch PM Snack Supper Evening Snack		

* This information is voluntary. This will assist us in assuring the Child and Adult Car	e Food Program is administered in a nondiscriminatory manner.
Adult/Parent/Guardian's Address	Adult/Parent/Guardian's Phone Number
Signature of Adult/Parent/Guardian	Date Signed

Non-Discrimination Statement

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Facts About WIC

What is WIC?

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a federal assistance program of the Food and Nutrition Service of the United States Department of Agriculture and is administered by the Michigan Department of Health and Human Services.

The Michigan WIC Program operates through local health departments and non-profit organizations in all 83 Michigan counties, to serve low- and moderate-income women, infants, and children at nutritional risk.

WIC Provides

WIC Foods may be purchased using electronic benefits at many stores.

- Women and children may receive milk, cheese, yogurt, eggs, soy beverages, juices, hot and cold cereals, peanut butter, fresh fruits and vegetables, brown rice, whole wheat/whole grain breads, buns, pasta, soft corn and whole wheat tortillas, canned or dry beans, peas and lentils. Breastfeeding women may also receive canned fish.
- Infants partially breastfed or non-breastfed may receive infant formula.
- Infants 6 months old may receive cereals, fruits, vegetables and meats.
- ♦ Women, infants and children with qualifying medical conditions may receive special formulas.

Stores that stock WIC foods make nutritious foods accessible to the community.

Nutrition Education: All WIC clients, parents or their caregivers are offered nutrition education. Clients with high-risk nutrition issues are offered nutrition counseling services by a registered dietitian (RD/RDN). Topics may include infant feeding, food shopping, meal planning, making healthy food choices and weight management.



Breastfeeding Support: WIC recognizes breastfeeding as the optimal way to nourish infants. WIC provides breastfeeding support for mothers through classes, peer counseling, support groups and supplies.

Referrals: WIC clients are referred to appropriate health and social services, such as Medicaid, MI-Child, Healthy Kids, SNAP, immunizations, child health screening, family planning and Project FRESH.

Who Can Get WIC?

Women:

Pregnant (and up to six weeks after infant's birth or end of pregnancy) Breastfeeding (up to infant's first birthday)

Post-partum (up to six months after infant's birth or end of pregnancy)

Infants: Birth to their first birthday

Children: One year of age to their fifth birthday

Benefits of WIC

Reduces fetal deaths and infant mortality.

Reduces low birthweight rates and increases the duration of pregnancy.

Improves growth of nutritionally at-risk infants and children and intellectual development of children.

Decreases incidence of iron deficiency anemia in children. **Improves** dietary intake in pregnant and post-partum women and appropriate weight gain in pregnant women.

Helps pregnant women receive prenatal care earlier. **Helps** children have more up to date immunizations.



Find Out More About WIC

Call your local WIC agency for more information OR

Call 211 to find your nearest WIC clinic.

Visit Michigan WIC: www.Michigan.gov/WIC

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